



# Programs Designed to Change Lives

## The Intensive Residential Programs

Laurel Heights Hospital provides intensive residential treatment to children and adolescents, ages 6 -17, with severe and complex psychiatric and behavioral difficulties impacting multiple areas of functioning.

### *Themed Cottages and Programs*

Children are placed within separate cottages based on age, gender, and special treatment needs. This ensures that programming can be tailored to specific developmental needs in addition to individualized treatment issues, such as mood disorders, self-injurious behaviors, psychotic symptoms, impulse control, emotional regulation difficulties and trauma symptoms.

- **Landmark:** General psychiatric residential treatment for boys, ages 6 - 11
- **Inspiration:** General psychiatric residential treatment for girls, ages 12 - 17
- **Declaration:** General psychiatric residential program with accommodations for mildly intellectually delayed patients for boys
- **Quantum:** General psychiatric residential program for boys, ages 12 - 17, with a Subset program for patients with sexually acting out behaviors detrimental to their health and others.
- **Discovery:** Specialized psychiatric residential treatment for patients with severe, co-occurring autism spectrum disorder symptoms
- **Renaissance:** General psychiatric residential program with accommodations for mildly intellectually delayed patients for girls, ages 12 - 17

All children in our residential programs attend Laurel Heights Academy, accredited by the Southern Association of Colleges and Schools, on campus. Following the Georgia Department of Education curriculum, Laurel Heights Academy provides Reading, Language Arts, Mathematics, Social Studies, Science and Physical Education/Recreation Therapy. During the school year, instruction and learning will occur in full-day sessions. During the summer months, half-day sessions with additional field trips are held.

### Multi-Disciplinary Team

- Board Certified & Licensed Child & Adolescent Psychiatrists
- Licensed Therapists
- Licensed Registered Nurses / LPN'S
- Board Certified Behavior Analysts (BCBA) - Discovery Program
- Certified Recreational Therapists
- Medication Management

### Treatment Modalities

Cognitive Behavior Therapy (CBT)  
Trauma-Focused Cognitive Behavior Therapy (TFCBT)  
Play Therapy  
Mindfulness  
Dialectical Behavioral Therapy (DBT)



*For additional information*

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*Most private insurance, managed  
Medicaid and Tricare® accepted.*