



# Programs Designed to Change Lives



**LAUREL HEIGHTS**  
H O S P I T A L

## The Enlightenment Acute Program

### Combining Autism and General Psychiatric Treatment

Laurel Heights Hospital has expanded its specialty acute program providing psychiatric inpatient treatment to children and adolescents, ages 6 - 17, with co-occurring Autism Spectrum Disorder.

The Enlightenment Acute Program was created to meet the psychiatric treatment needs of patients with Level 1 Autism, requiring less support in ability to communicate and fewer restricted interests. Applied behavior analytic interventions and strategies are still used to stabilize symptoms leading to hospitalization. Family training sessions remain integral to program success.

This program offers the opportunity for higher functioning patients to mainstream in treatment with other patients without an Autism Spectrum diagnosis.

#### Multi-Disciplinary Team

- Board Certified Child & Adolescent Psychiatrists
- Licensed Therapists
- Licensed Registered Nurses / LPN'S
- Board Certified Behavior Analysts (BCBA)
- Certified Recreational Therapists



#### Admission Criteria

- Imminent and significant risk of harm, including major aggression, suicidal behavior, self- injury, etc.
- Diagnosis of a presenting psychiatric illness with or without a comorbid Autism Spectrum Disorder (ASD) or related neuro-developmental disability
- Failure at other treatment levels indicating a condition which precludes safe psychiatric treatment in a less restrictive setting or at a lesser level of care
- Symptoms and behaviors require 24 hour continued monitoring and assessment

*Most private insurance, managed Medicaid and Tricare © accepted.*

#### Programming

- Individualized communication systems
- Functional Behavioral Assessments (FBA)
- Reinforcement-based interventions
- Behavior Intervention Plans (BIP)
- Social Skills Groups when applicable

*For additional information*

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