



# Programs Designed to Change Lives

## The Discovery Residential Program

Laurel Heights Hospital is a highly specialized residential treatment program for children and adolescents ages 6 - 17 with **Autism Spectrum Disorder** who have severe behavioral difficulties and psychiatric illnesses. Our primary objective in treatment is to teach new skills and behaviors that allow our patients to meet their needs in positive ways, thereby reducing severe behaviors such as aggression or self-injury.

### Multi-Disciplinary Team

- Board Certified & Licensed Child & Adolescent Psychiatrists
- Licensed Therapists
- Licensed Registered Nurses/LPN's
- Board Certified Behavior Analysts (BCBA)
- Certified Recreational Therapists
- Data Driven
- Parent/Family/Guardian training
- Medication Management

### Programming

- Individualized communication systems
- Functional Behavioral Assessments (FBA)
- Behavior Intervention Plans (BIP)
- Reinforcement-based interventions
- Assessment of Basic Language and Learning Skills for ABLLS entry
- Programming for generalization of skills across staff, settings, and materials
- Individualized social skills intervention
- Graphic representations of student performance
- Technology assisted learning
- Daily living skills instruction and specialized community outings

### Education

Children attend school year round. Each patient's program also incorporates daily recreational therapy that emphasizes activities to increase social skills, leisure skills, and fine and gross motor skills. Students participate in weekly community based instruction to increase these skills in a variety of settings.

- Natural Environment Teaching (NET) and task analysis training
- Applied Behavior Analysis (ABA)
- Individualized Education Plan (IEP)



*For additional information*

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