



Programs Designed to Change Lives



LAUREL HEIGHTS
H O S P I T A L

The Breakthrough Acute Program

Laurel Heights Hospital is specifically designed to provide inpatient psychiatric stabilization and treatment for children and adolescents ages 6 -17 who present with **Autism Spectrum Disorder** or other neuro-developmental disorders. The primary objective of treatment is to quickly stabilize the symptoms that led to hospitalization, including severe self-injury, suicidal behavior and/or severe aggression. Treatment integrates psychiatric and applied behavior analytic interventions and strategies to stabilize severe symptoms and assist the patient in acquiring self-management with coping skills.

Multi-Disciplinary Team

- Board Certified Child & Adolescent Psychiatrists
- Licensed Therapists
- Registered Nurses
- Board Certified Behavior Analysts (BCBA)
- Certified Recreational Therapists



Admission Criteria

- Imminent and significant risk of harm, including major aggression, suicidal behavior, self- injury, etc.
- Diagnosis of a presenting psychiatric illness with a comorbid Autism Spectrum Disorder (ASD) or related neuro-developmental disability
- Failure at other treatment levels indicating a condition which precludes safe psychiatric treatment in a less restrictive setting or at a lesser level of care
- Symptoms and behaviors require 24 hour continued monitoring and assessment

Programming

- Individualized communication systems
- Functional Behavioral Assessments (FBA)
- Reinforcement-based interventions
- Behavior Intervention Plans (BIP)
- Social Skills Groups when applicable

For additional information

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